

# The Parish Church of St Martin

## Bowness-on-Windermere



ST MARTIN'S  
*You're always welcome*

**Second Sunday of Lent**  
**1<sup>st</sup> March 2026**

A loop system is in operation for hearing aid users with a 'T' switch.  
**Large print copies of this sheet and the hymn book are available. Please ask if you would like one.**

*Living Lord, as we offer to you our common life,  
refresh our vision that we may know your will  
and seek to follow in all your ways.*

*May we follow daily as your disciples,  
care deeply for one another in community,  
speak boldly your gospel word of love,  
and tread gently as faithful stewards of your goodness.*

*We ask this in the power of your holy name,  
Creator, Redeemer and Sustainer of our lives, today and for ever. Amen*

*A warm welcome to you all, especially to anyone visiting this morning.*

**Collect and Post Communion for the Second Sunday of Lent.**

**Collect**

Almighty God,  
you show to those who are in error  
the light of your truth,  
that they may return to the way of righteousness:  
grant to all those who are admitted  
into the fellowship of Christ's religion,  
that they may reject those things  
that are contrary to their profession,  
and follow all such things  
as are agreeable to the same;  
through our Lord Jesus Christ,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Post Communion Prayer**

Almighty God,  
you see that we have no power  
of ourselves to help ourselves:  
keep us both outwardly  
in our bodies,  
and inwardly in our souls;  
that we may be defended  
from all adversities  
which may happen to the body,  
and from all evil thoughts which  
may assault and hurt the soul;  
through Jesus Christ our Lord.

**10.00 a.m.**

**Holy Communion**

President/Preacher: The Revd James Richards

Hymn 54 (t.2)

At the name of Jesus

Hymn 958

Kyrie, Kyrie eleison x 2

Chri-ste, Chri-ste eleison x 2

Kyrie, Kyrie eleison x 2

Musical score for Kyrie eleison. The score is written for voice and piano. It features a treble and bass clef, a key signature of one sharp (F#), and a 2/4 time signature. The melody is in the treble clef, and the accompaniment is in the bass clef. The lyrics are: Ky - ri - e, Ky - ri - e, e - le - i - son. The score includes a repeat sign with first and second endings, marked with 'B\*' and 'A' respectively.

First reading

Genesis 12.1-4a (p.9 OT)

Second reading

Romans 4.1-5, 13-17 (p.134 NT) read by Jo Pearson

Hymn 312

I lift my eyes to the quiet hills

Gospel

John 3.1-17 (p.80 NT) read by Liz Haworth

Sermon

The Revd James Richards

Intercessions

The Revd James Richards

Offertory hymn 572

Praise to the Holiest in the height

Sanctus (971)

*Holy, holy, holy is the Lord,  
holy is the Lord God Almighty!  
Holy, holy, holy is the Lord,  
holy is the Lord God Almighty!  
Who was and is, and is to come;  
holy, holy, holy is the Lord.*

*Blessèd, blessèd, blest is he who comes,  
blest is he who comes in the Lord's name.  
Blessèd, blessèd, blest is he who comes,  
blest is he who comes in the Lord's name.  
Hosanna in the heights of heav'n.  
Blessèd, blessèd, blessèd is the Lord.*

Final hymn 305

I danced in the morning



Coffee & refreshments will be served, after the service,  
at the back of church.

**Today 12.30 p.m. Lunch Bunch lunch**

### *This week*

Nicodemus comes by night, interested in finding out more about Jesus, but perhaps anxious not to jeopardise his position on the Council - the Sanhedrin. He thinks he knows what Jesus is about, and comes prepared for a discussion with a fellow-rabbi. But Jesus upends Nicodemus's certainties, and calls him into a deeper engagement with God. What holds us back from deeper engagement? Fear of what others might think? Feeling that we already know what God is about? Something else? How might we allow the unpredictable Spirit to change us this Lent?

*(If you are looking for a resource for reflection through Lent you might like to try the Church of England's free Everyday Faith app - available in the App Store and in Google Play.)*



2.30 p.m. Time for Contemplation Group, in person  
8.00 p.m. Time for Contemplation Group, on Zoom (please see next page for further details)



12.30 p.m. Lent Group: Alive in Christ - St Mary's. Please see next page for further details



10.30 a.m. Holy Communion with laying on of hands and prayer for healing  
President/Preacher: The Revd James Richards  
11.30 a.m. PCC meeting at the church



10.00 a.m. James leading collective worship at St Martin & St Mary CE Primary School

## Next Sunday: Third Sunday of Lent

10.00 a.m. Morning Praise

Leader: Martin Rayner

Dates for the month can be found in Parish News or on the website on the 'What's on' page.

### NOTICE BOARD

**Time for Contemplation:** Monday 2<sup>nd</sup> March. Theme: Power of Love v Love of Power. The session will be run twice:

1. 2.30 - 3.30pm gathering together at Zoe's house: 7 Brow Crescent, Windermere, LA23 2EY. (Meet from 2pm for a 2.30pm start).
2. 8-9pm on ZOOM.

Please let Zoe know if you plan to attend the afternoon session, or if you need the ZOOM link. [zoefarren@yahoo.co.uk](mailto:zoefarren@yahoo.co.uk) 015394 43183

**Lent Groups: Alive in Christ** Join us this Lent as we journey together through the Alive in Christ course. Alive in Christ is a five-week small-group discipleship course from Resource. Through Bible teaching, worship, reflection & discussion, it helps participants grow in freedom, forgiveness & confidence in serving Jesus. With simple daily readings to support each session, the course is designed to deepen faith & encourage lasting spiritual transformation. Daytime group: Tuesdays 12.30pm-2pm, at St Mary's, Windermere. Cake provided. Please use the sign-up sheet at the back of the church, if you would like to attend. All are welcome. If you would prefer an evening group, please let Olivia know at [teamvicar@southlakeschurches.org.uk](mailto:teamvicar@southlakeschurches.org.uk). She is happy to run an evening course, but needs to know if there will be people who can come along.

**Church Log Book** - please use the folder, located in the St John's Room, on the Rector's bookshelf, to note down any faults, repairs, or jobs requiring attention (i.e. light bulbs needing to be replaced; leaking pipes etc).

**Recycle your used stamps** Please leave envelopes with stamps attached, or stamps with a half-inch border of envelope around them, on Sarah's desk in the St John's Room. These will be passed on to St Mary's Hospice in Ulverston. Thank you.

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